## **Personal Consultee Declaration Form**



A PHASE IIb, RANDOMISED-CONTROLLED, TWO-CENTRE CLINICAL TRIAL ON THE EFFICACY OF A HOME-BASED EXERCISE AND MOTIVATIONAL PROGRAMME IN PATIENTS BEFORE AND AFTER LIVER TRANSPLANTATION

| Sit                     | te name: QEUHB L. RFHL L.  |       |  |  |
|-------------------------|--|-------|--|--|
| Tri                     | ial Number   |       |  |  |
| Patient Initials:       |  |       |  |  |
| Principal Investigator: |  |       |  |  |
|                         | Please initial inside each   | h box |  |  |
| 1                       | I, First Name: Surname:  |       |  |  |
|                         | have been consulted about the participation of   |       |  |  |
|                         | First Name: Surname:   |       |  |  |
|                         | in the ExaLT trial.  |       |  |  |
| 2                       | I confirm that I have read and understood the <b>Personal Consultee Information Sheet</b> , dated / version number for the ExaLT trial. I had the opportunity to consider the information and ask questions, and have had these answered satisfactorily. |       |  |  |
| 3                       | I fully understand the trial procedures, the risks and benefits, and I believe that it would be the participant's wish to continue participating in the research trial described in this form, under the conditions stated in it.                        |       |  |  |
| 4                       | I understand that the participant has already agreed for their GP to be informed of their participation in this trial and that they may be contacted by members of the research team for follow-up information.  |       |  |  |
|                         |  |       |  |  |

IRAS Number: 295426

| 5  | I understand that the participation in the ExaLT trial is voluntary I can recommend that the participant be withdrawn from the trial at any time without giving any reason. Their medical care or legal rights will not be affected. When/if the participant regains capacity, I understand that their wishes will supersede the opinion that I have given.   |  |
|----|---|--|
| 6  | I understand that if I recommend that the participant be withdrawn from the ExaLT trial, the data/information collected up to the time of their withdrawal may still be used in the final analysis after being anonymised.  |  |
| 7  | I understand that relevant sections of the participant's medical notes and data collected during the trial may be examined by individuals from the ExaLT Clinical Trial Team, University of Birmingham (Sponsor) representatives of the sponsor, from regulatory authorities, or from the NHS Trusts where this is relevant to them taking part in this trial. I give permission for these individuals to have direct access to their records.  |  |
| 8  | I have read and understood the information in the <b>Personal Consultee Information Sheet</b> , about what will happen to the participant's personal data collected for this trial.   |  |
| 9  | I understand and agree that any data collected that identifies the participant by name, e.g. Informed Consent Forms as well as contact address and email, will be transferred from where it is collected and stored at the Birmingham Clinical Trials Unit, University of Birmingham during the trial. After, the trial ends the data will be stored at a specialist, secure archiving facility, in compliance with current regulations. I agree to the transfer and storage of this information. |  |
| 10 | I understand that the information collected about the participant will be used for medical research or to support other related research in the future, the participant will not be identified in any way in sharing, analysis or reporting of the results.   |  |
| 11 | I understand that if the participant has given their consent to take part in the optional mechanistic 'muscle' substudy, this will continue to apply for the duration of their participation in the ExaLT Trial.  |  |
| 12 | I understand that if the participant has given their consent for audio/video recording of scheduled trial visits or telephone health calls, this will continue to apply for the duration of their participation in the ExaLT Trial.   |  |
| 13 | I understand that if the participant has given their consent for the storage of pseudo anonymised samples (labelled using their unique trial number, initials, date, and time point) and for future biochemical test, this will continue to apply for the duration of their participation in the ExaLT Trial.   |  |
| 14 | I agree for the participant to continue taking part in the ExaLT Trial.   |  |

## Name of consultee Date Signature Relationship to participant:

To confirm that the participant should continue to take part in the ExaLT Trial you <u>MUST</u> agree to points 1-14 above and initial the corresponding boxes.

Once completed: Original to be kept in Investigator Site File; one copy for the consultee; one copy to be filed in medical notes.; 1 copy to be sent to BCTU

**Date** 

Name of person consulting

Signature