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# Suicide Prevention in Young People

UNIVERSITY OF  
BIRMINGHAM



Suicide is among the leading causes of death among young people. Despite our best efforts, we still do not know which suicide prevention interventions work best for which group of young people, how, and why.

## What is this project about?

We are a team of researchers at the University of Birmingham. We want to develop a model that can help us decide which interventions can help reduce rates of suicide & attempted suicide among young people aged 12-25.

Such interventions could include school-based programmes; general practitioner training, aftercare for those who have attempted suicide.

To do this, we are bringing together a group of people across our community including health, education, charities to work together to develop this model.

## We are looking for young people:

- ✓ 12-25 years old
- ✓ with lived experience of self-harm and/or suicidal behaviour
- ✓ Parental consent for those under 16 is necessary.
- ✓ Registered with a GP in Birmingham

## PART 1



**Two (one-day) workshops** with other young people, carers, health professionals, policy makers and our research team to develop our model.

Workshops will take place at a convenient location (e.g. community hall) or online.

## PART 2 (Optional)



✓ **Two (half-day) workshops** similar to Part 1 to hear your views about how best we can roll out those interventions/programmes that work best in reducing rates of suicide & attempted suicide among young people aged 12-25.

✓ A brief **online** questionnaire.

As a thank you for your time, we will offer you £15 per hour.

**CONTACT US**

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