Evidence from The Third Sector Is Important

- In the UK, the third sector is a large provider of public services
- Especially in social care followed by 'residential care' and 'education'
- □ A substantial workforce of around 827,000 employees (2015)
- □ Annual spending of £41,6 billions (2013/2014) of which 23% (£9.4 billion) is spent on 'social services'
- Government contributes £15 billion to the third sector, mainly contract-based commissioning, with NHS accounts for £1,61 billion

But finding evidence of impact is hard

- Only 8 % of their sample provided external evidence on their impact (Charity Finance Group)
- □ A 2012 New Philanthropy Capital (NPC)
 report which surveyed 1,000 TSOs found that 25 % did not evaluate their work at all

But finding evidence of impact is hard

TSOs have-

- □ Finance issues
- □ Skills gap
- □ Culture issues
- □ Measures choices unclear

What is evidence?

- □ Legal ideas
 - Beyond reasonable doubt
 - On the balance of the probabilities



The Hierarchy of Evidence

- Strengths and weaknesses of different designs
- Not of social research per se
- Useful up to a point

Systematic reviews

I JUST KNOW

Randomised controlled trials

Cohort studies

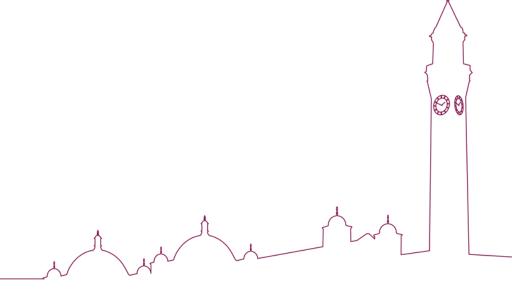
Case-control studies

Case series, case reports

Editorials, expert opinion

Example- Getting better teeth

- □ Fluoride in the water
- □ Brushing
- □ Toothpaste with fluoride



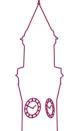
3 types of evidence for better teeth

- □ Cochrane Reviews
- We found that water fluoridation is effective at reducing levels of tooth decay among children.resulted in children having 35% fewer decayed, missing and filled baby teeth and 26% fewer decayed, missing and filled permanent teeth.These results are based predominantly on old studies and may not be applicable today.
- □ Within the 'before and after' studies we were looking for, we did not find any on the benefits of fluoridated water for adults.
-there is a chance of around 12% of people having dental fluorosis that may cause concern about how their teeth look.



Summary of benefits and harms

- □ Cochrane Reviews
- We found that water fluoridation is effective at reducing levels of tooth decay among children.resulted in children having 35% fewer decayed, missing and filled baby teeth and 26% fewer decayed, missing and filled permanent teeth.These results are based predominantly on old studies and may not be applicable today.
- □ Within the 'before and after' studies we were looking for, we did not find any on the benefits of fluoridated water for adults.
- there is a chance of around 12% of people having dental fluorosis that may cause concern about how their teeth look.



Tooth brushing

- □ The meta analysis of qualifying studies suggested that the evidence was mixed, at best.
- □ For example, there is not strong evidence that hygienist cleaning reduces gingivitis:
- □ The authors of the only study that found differences in gingivitis scores (at 6, 12 and 22 months) deemed those differences clinically irrelevant....

Patrick Born 1992

Public Health Advice

1 fluoride drop per day6 monthsNo fillings



Ellie Born 1995

Public Health Advice

No fluoride drops

25 fillings and counting.....



Quality of Evidence

- □ Observational Studies
- □ Randomised trials
- □ Lived experience

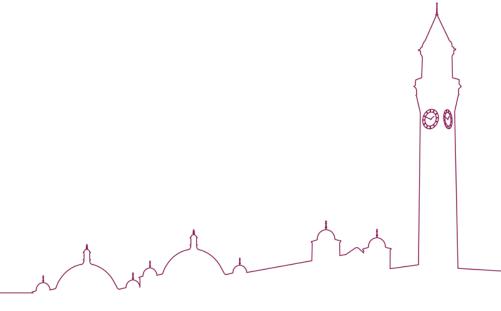
Absence of evidence? Or evidence of absence?

So- what is (good) evidence?

- □ Observational Studies?
- □ Before and After Studies?
- □ Randomised trials?
- □ Interrupted time series?

What to measure?

- □ Objective measures?
- □ Subjective measures?

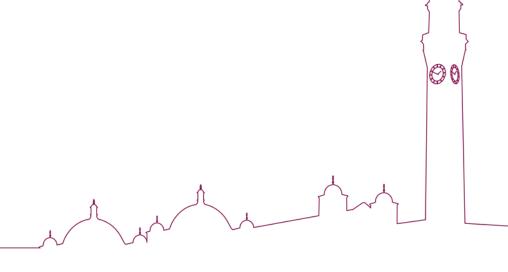


Who to measure?

- □ All kids?
- □ Kids from poor socio-economic groups?
- □ Kids in Low and Middle income countries?
- □ Adults?
- □ Elderly?
- □ Time period?

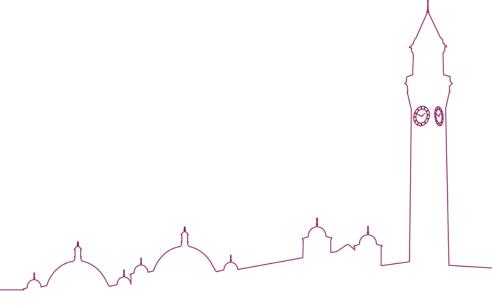
How can we help?

- □ Third Sector Research Centre can help with
 - Planning
 - Methods
 - Conduct
 - Reporting
 - Guidance



How can we help?

□ The Clare Foundation

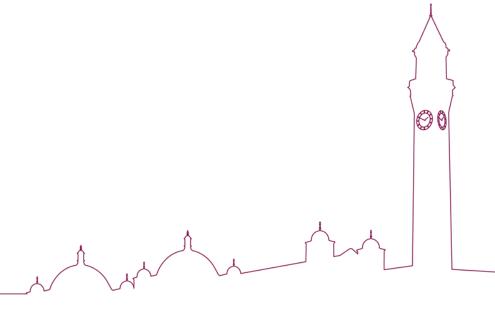


Leadership in the Third Sector

Martin Gallagher- CEO of The Clare Foundation

Three issues that are challenging

- □ Financial
- □ Governance
- □ Risk



Governance Issues

- □ Lack/Poor Board Governance accountability especially in 'Table Top Charities'
- □ Founders syndrome need for control their money, their way.
- Lack of Trustees taking responsibility and accountability
- Risk Management understanding responsibility of their roles
- Strategic Planning not being able to plan for the future

ng able to plan for the

Management Issues

- Lack of flexibility and being unable to adapt and respond
- Lack of planning they have a strategy and don't know how to make it operational
- SMT/CEO crisis of faith in their model and themselves
- Hierarchal charities Trustees very hands on, interfering in operational matters
- Older Charities lack of dynamics and energy resistant to change

Change Management

- Movement of staff at Senior Level leading to a lack of leadership continuity and sustainability
- □ Poor business models not accepting when something is 'not fit for purpose'

Finance Issues

- Mission creep chasing money pots to stay alive
- Lack of core funding for administrative purposes
- Lack of sustainable income hugely impactful

Thank you

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