

# Primary care mental health: what the data tell us

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**NHS**

Benchmarking Network

Raising standards  
through sharing  
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# Primary Care Mental Health

Data sources include:

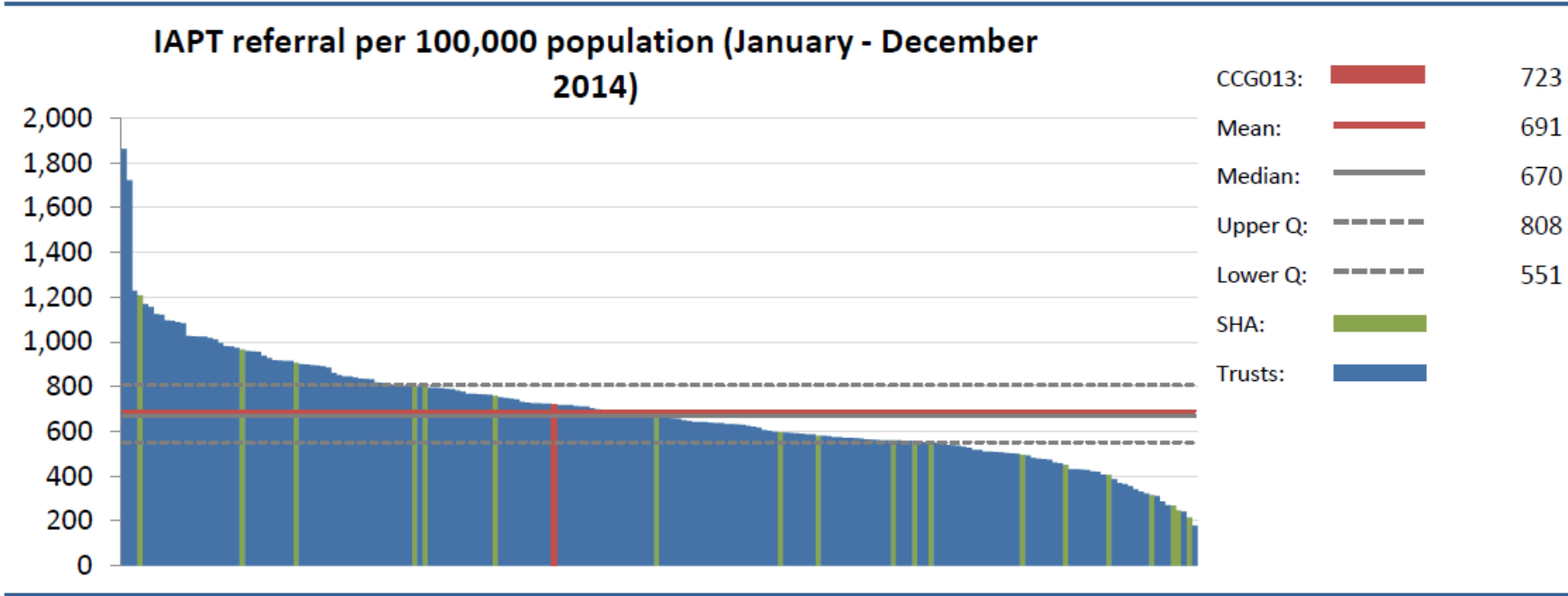
- IAPT
- QOF
- Prescribing - ePACT

Important to note:

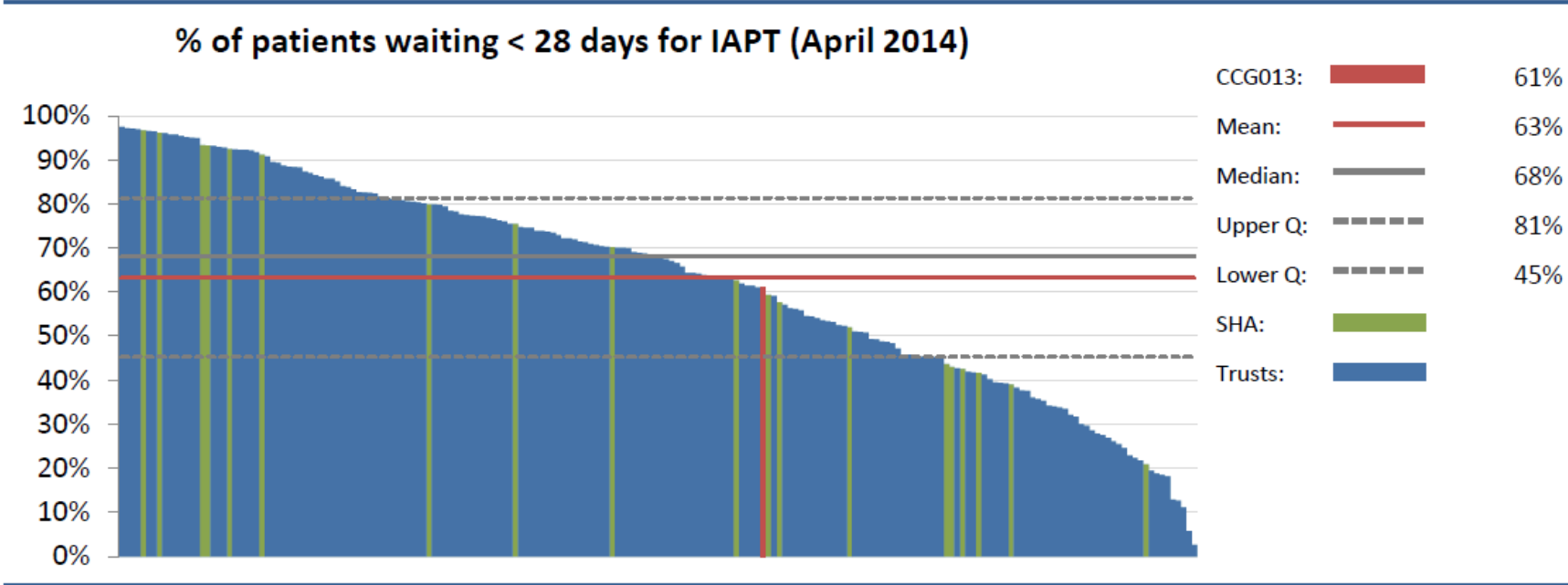
- Data completeness
- Data validity e.g. high exception reporting in QOF (14.4% for SMI indicators vs. 4.4% for physical health indicators)
- What the indicators measure e.g. screening vs. treatment



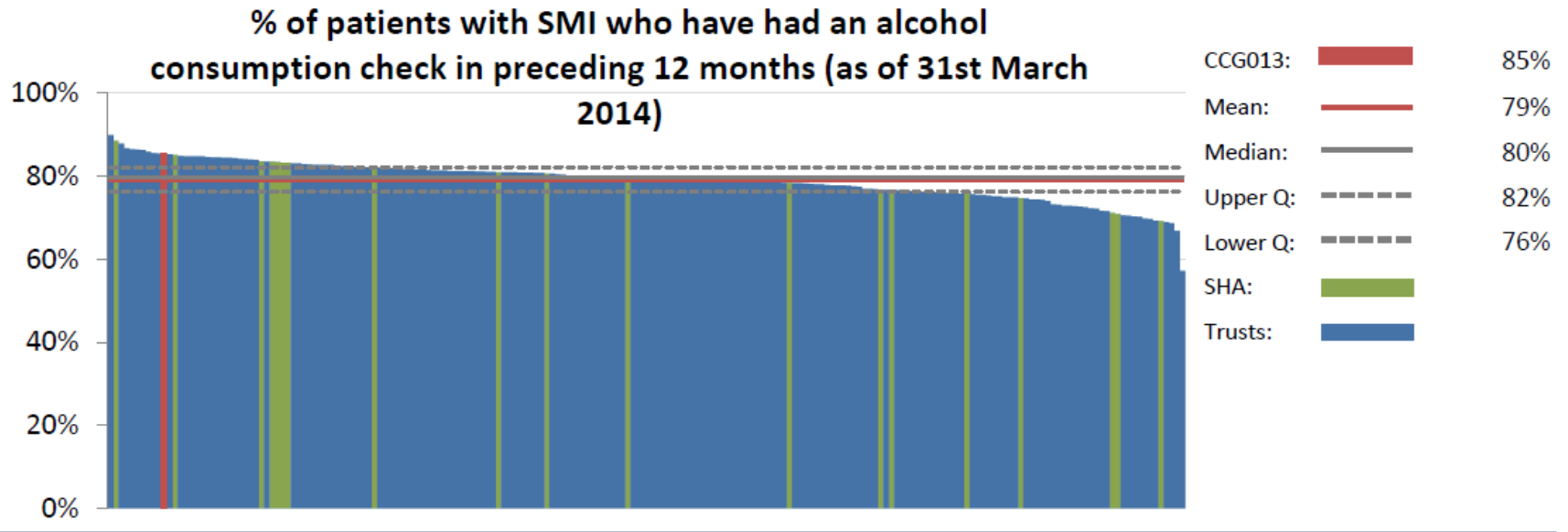
# IAPT referral rates per 100,000 population



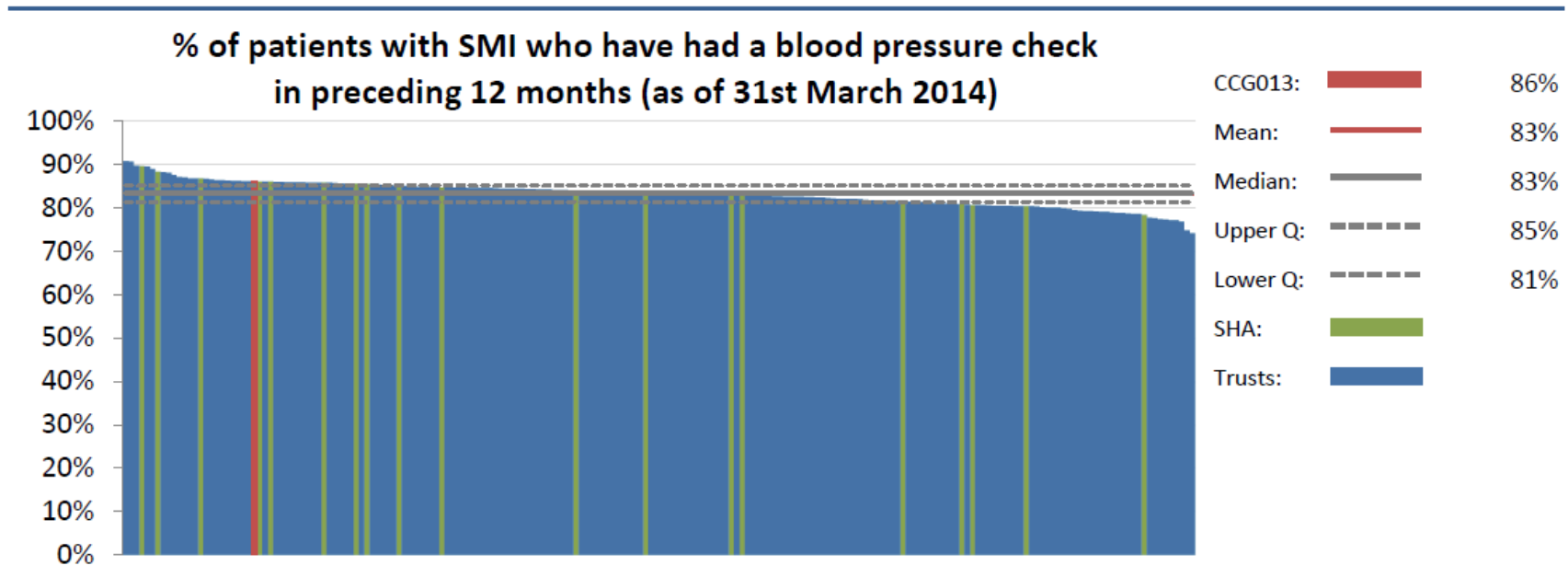
# IAPT Access: Patients waiting < 28 days



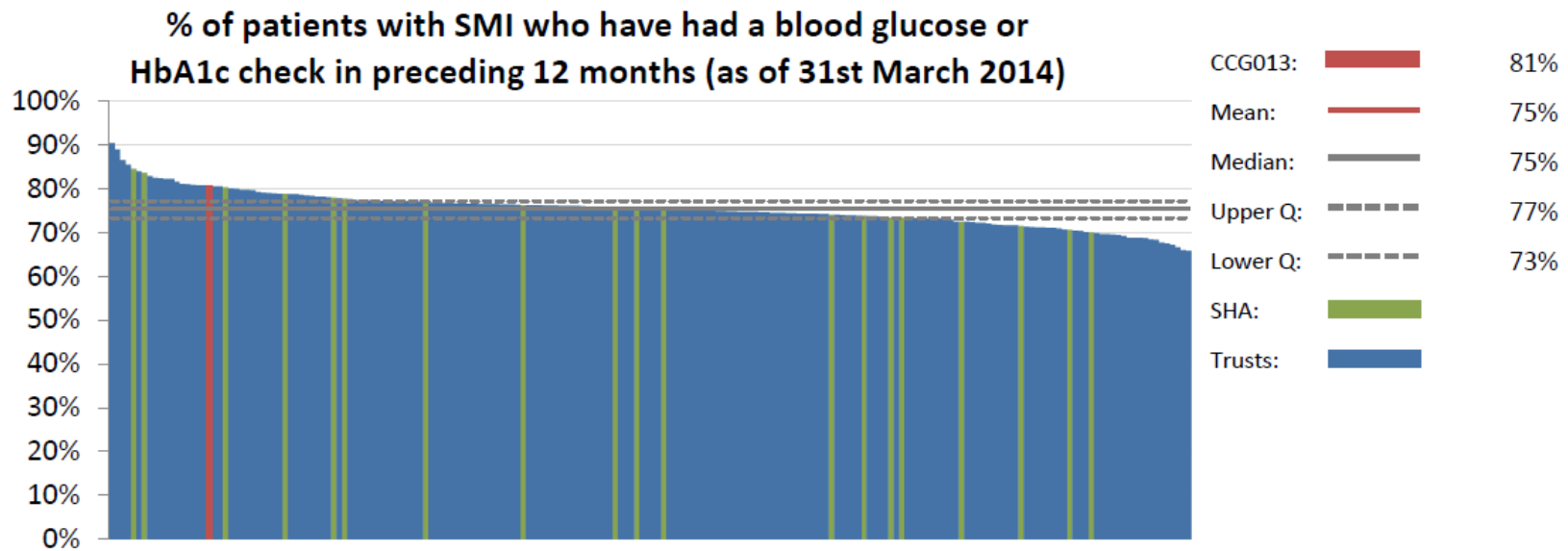
# Physical Health Checks (QOF): Alcohol



# Physical Health Checks (QOF): Blood Pressure



# Physical Health Checks (QOF): HbA1c



# Other Sources and Conclusions

- Definitive prevalence data for mental health conditions is challenging
- Completeness of GP registers is important
  - Depression
  - SMI
  - Dementia
- Cross-referencing with physical healthcare metrics & optimising contacts
- Integrating primary and secondary mental health data will require assertive action
- Work in progress!

